

# SOUTH AFRICAN CLIMBING ACADEMY



## Enrolment Form: MDT Single Pitch Climbing and Abseil Supervisor

This is a course that covers the technical aspects required to take a group of people on a single pitch climbing and abseil experience an educational experience and not a formal adventure tour guide. The hands-on approach will keep learners constantly active, and it is designed to lay a solid foundation in both safety and technical skills. If the principles taught this course are adhered to, and continued with diligence, it will serve as an excellent preparation to ensure successful single pitch climbing and abseil guide assessment.

### Course 2019 Schedule

4 Full days for Training  
Theory Lecture week 1: 6:30 to 9pm  
Saturday week 1: 9am to 4pm  
Sunday week 1: 9am to 4pm  
Theory Lecture week 2: 6:30 to 9pm  
Saturday week 2: 9am to 4pm  
Sunday week 2: 9am to 4pm  
1 Day Assessment (Extra)  
(Assessment not included in training price)

Note: all lecture venues are close to Johannesburg  
These take place on Tuesday, Wednesday and Thursday evenings. All weekend activities are at outdoor venues within an easy day drive from Johannesburg/Pretoria, thus no overnights required for those living in the area.

Courses are also conducted in remote locations, by prior arrangement.

#### Pricing Structure:

R 6000 for training 1 person  
R 3800 for training 2 people per person  
R 3200 for training 3 people or more per person  
R 1400 for Assessment Per Person  
MDT Registration fee R600 if needed extra.

Banking Details: SA Climbing Academy  
FNB Cresta 254905  
A/C 62244046381

Price includes use of climbing gear for course duration, a comprehensive manual and venue entrance fees at selected crags. Expenses such as transport costs and refreshments are not included.

#### Terms and Conditions of Enrolment:

- Learners must arrange own transportation to lessons.
- The organisers reserve the right to make changes to the course and dates if necessary.
- No credit or refunds are issued for missed lessons.
- Learners agree to abide by all the SACA rules.
- All learners must complete the indemnity in full.

For more info contact Neil on 083 669 3028

### Course Outline

This is a 2 evening lectures and a 4 day course where we will equip prospective single pitch climbing and abseil guides to be able to take their clients on an abseil experience safely. We cover with theory an intro on abseiling and rock climbing gear (care and purchasing), knots, belaying, and rescue systems. You will also be taken through the basics of outdoor ethics and environmental standards required, as well as legal aspects of guiding such as land access and liability, and group management. At the crag you will learn how to set up a correct releasable abseil system, how the methodology works in sorting simple problems such as jammed devices, and practice in their use. You will also be taught on rope skills such as ascending ropes with prussics, and passing knots in the rope on abseil. In respect to rock climbing you will be taught problem solving and rescue in simple single pitch trad and sport climbing environment. Lastly they are taught about all potential mountain hazards and how to handle a mountain emergency, the correct procedures, who to contact, and what not to do. The course prepares one for an official MDT assessment after which a certificate is awarded to those who pass. This qualification is needed together with a current first aid qualification and the completed log book showing sufficient experience to obtain a formal MDT certificate. Those taking part need to have at least 2 years trad lead climbing (lead SA grade 14 trad) and abseiling experience or at least 30 abseils and a fair degree of physical activity will be involved so the person needs to be agile and fit. Assessment is on a different occasion 3 to 6 months after the training.

Name	
ID number	
Allergies or relevant medical info:	
Postal Address	
Email address	
Mobile number	

#### Personal Details

I agree to adhere with the terms and conditions stated here and confirm that the information on this form is correct.

Signed:

Date: