

SOUTH AFRICAN CLIMBING ACADEMY

TRAINING  GUIDING  JUNIORS



Enrolment Form: Adult Intro to Leading Course

This is a course that covers a wide range of the technical aspects of lead climbing. The hands-on approach will keep learners constantly active, and it is designed add to climbers who have some limited experience to be ushered into the world of sport lead climbing. If the principles taught this course are adhered to, and continued with diligence, it will serve as an excellent start to your new healthy outdoor passion.

Course 1 2015 Schedule

Note: all lecture venues are close to Johannesburg

These take place on Tuesday and Thursday evenings. All weekend activities are at outdoor venues within an easy day drive from Johannesburg, thus no overnights required.

Session 1

Tuesday: Lecture 6:30 pm

Thursday: Lecture 6:30pm

Saturday: 9am to 1pm

Assessment:

Sunday 9am to 12pm

Course Outline

Lead climbing is much more exciting than top rope climbing. This is where it is at, and the sense of achievement is much higher. However with this comes some responsibility, because lead climbing now has higher risk and more chance of an accident if things are done incorrectly. Thus it is advisable to get a good grounding right at the start.

This course comprises sessions over one week (2 classroom-based theory sessions in total) as well as 2 practical outdoor sessions over a weekend. The final outdoor session includes a short assessment.

During classroom and practical sessions, learners will be taught the proper way to lead belay, clip quick draws, tie off and clean a sport route, some basic rope rescue, self belayed abseil and how to deal with an emergency. Learning aids include a prescribed manual and video footage of top climbers as part of understanding technique.

The course equips complete climbers with the skills to lead climb safely. Learners are also introduced to existing climbing clubs, networks, and groups so they can find their place in the climbing community.

Pricing Structure:

Deposit on enrolment R950.00
Second payment after first session R950.00

Banking Details: SA Climbing Academy
FNB Cresta 254905
A/C 62244046381

Price includes use of climbing gear for course duration, a comprehensive manual and venue entrance fees at selected crags. Expenses such as transport costs and refreshments are not included.

Terms and Conditions of Enrolment:

- Learners must arrange own transportation to lessons.
- The organisers reserve the right to make changes to the course and dates if necessary.
- No credit or refunds are issued for missed lessons.
- Learners agree to abide by all the SACA rules.
- All learners must complete the indemnity in full.

For more info contact Neil on 083 669 3028

Personal Details

Name	
ID number	
Allergies or relevant medical info:	
Postal Address	
Email address	
Mobile number	

agree to adhere with the terms and conditions stated here and confirm that the information on this form is correct.

Signed:

Date: