

# SOUTH AFRICAN CLIMBING ACADEMY



## Enrolment Form: NQF Abseil Guide

**SAQA Unit Standard: 9283 Provide a guided single pitch abseiling experience of less than 60 metres**

This is a course that covers the technical aspects required to take a group of people on an abseil experience. The hands-on approach will keep learners constantly active, and it is designed to lay a solid foundation in both safety and technical skills. If the principles taught this course are adhered to, and continued with diligence, it will serve as an excellent preparation to ensure successful abseil guide assessment.

### Course 2015 Schedule

#### Session 1

Theory Lecture 6:30 to 9:30pm

#### Session 2

Theory Lecture 6:30 to 9:30pm

#### Participle

Friday: 9am to 4pm

Saturday: 9am to 4pm

Sunday: 9am to 4pm

**Note:** all lecture venues are close to Johannesburg. These take place on Tuesday, Wednesday or Thursday evenings.

All weekend activities are at outdoor venues within an easy day drive from Johannesburg/Pretoria, thus no overnights required for those living in the area.

Courses are also conducted in remote locations, by prior arrangement.

#### Pricing Structure:

Standard Cost: R2 400.00 per person

Minimum Charge R7500.00

Deposit on to confirm your place R1200.00

Second payment after first session R1200.00

NQF Registration fee R600 if needed extra.

Banking Details: SA Climbing Academy

FNB Cresta 254905

A/C 62244046381

Price includes use of climbing gear for course duration, a comprehensive manual and venue entrance fees at selected crags. Expenses such as transport costs and refreshments are not included.

#### Terms and Conditions of Enrolment:

- Learners must arrange own transportation to lessons.
- The organisers reserve the right to make changes to the course and dates if necessary.
- No credit or refunds are issued for missed lessons.
- Learners agree to abide by all the SACA rules.
- All learners must complete the indemnity in full.

**For more info contact Neil on 083 669 3028**

### Course Outline

This is a 2 evening lectures and a 3 day course where we will equip prospective abseil guides with limited climbing knowledge or experience to be able to take their clients on an abseil experience safely. We cover with theory an intro on abseiling gear (care and purchasing), knots, belaying, and rescue systems. You will also be taken through the basics of outdoor ethics and environmental standards required, as well as legal aspects of guiding such as land access and liability, and group management. At the crag you will learn how to set up a correct releasable abseil system, how the methodology works in sorting simple problems such as jammed devices, and practice in their use. You will also be taught on rope skills such as ascending ropes with prussics, and passing knots in the rope on abseil. Lastly they are taught about all potential mountain hazards and how to handle a mountain emergency, the correct procedures, who to contact, and what not to do. The course prepares one for an official NQF assessment after which a certificate is awarded to those who pass. This qualification, is needed together with a first aid qualification and the generic guiding qualification to apply to the local Dept. Tourism as an official Adventure Guide with Abseiling Skills endorsement. Those taking part need to have at least some abseiling/outdoor experience and some degree of physical activity will be involved.

### Personal Details

Name	
ID number	
Allergies or relevant medical info:	
Postal Address	
Email address	
Mobile number	

I agree to adhere with the terms and conditions stated here and confirm that the information on this form is correct.

Signed:

Date: