

# SOUTH AFRICAN CLIMBING ACADEMY



## Enrolment Form: NQF Rock Climbing Guide

SAQA Unit Standard: 9286 Plan and provide a guided rock climbing experience

This is a course that covers the technical aspects required to take a group of people on a single and multi pitch rock climbing and abseil experience. The hands-on approach will keep learners constantly active, and it is designed to lay a solid foundation in both safety and technical skills. If the principles taught this course are adhered to, and continued with diligence, it will serve as an excellent preparation to ensure successful rock climbing and abseil guide assessment.

### Course 2015 Schedule

Session 1  
Theory Lecture 6:30 to 9:30pm  
Session 2  
Theory Lecture 6:30 to 9:30pm  
Session 3  
Theory Lecture 6:30 to 9:30pm  
Particle  
Friday: 9am to 4pm  
Saturday: 9am to 4pm  
Sunday: 9am to 4pm

Note: all lecture venues are close to Johannesburg  
These take place on Tuesday, Wednesday and Thursday evenings. All weekend activities are at outdoor venues within an easy day drive from Johannesburg/Pretoria, thus no overnights required for those living in the area.

#### Pricing Structure:

Standard Cost: R2 800.00 per person  
Minimum Charge R7500.00  
Deposit on to confirm your place R1400.00  
Second payment after first session R1400.00  
NQF Registration fee R600 if needed extra.  
Banking Details: SA Climbing Academy  
FNB Cresta 254905  
A/C 62244046381  
Price includes use of climbing gear for course duration, a comprehensive manual and venue entrance fees at selected crags. Expenses such as transport costs and refreshments are not included.

#### Terms and Conditions of Enrolment:

- Learners must arrange own transportation to lessons.
- The organisers reserve the right to make changes to the course and dates if necessary.
- No credit or refunds are issued for missed lessons.
- Learners agree to abide by all the SACA rules.
- All learners must complete the indemnity in full.

For more info contact Neil on 083 669 3028

### Course Outline

This is a 3 evening lectures and a 3 day course where we will equip prospective rock climbing and abseil guide to be able to take their clients on this extreme experience safely. We cover with theory an intro on abseiling and rock climbing gear (care and purchasing), knots, belaying, and rescue systems. You will also be taken through the basics of outdoor ethics and environmental standards required, as well as legal aspects of guiding such as land access and liability, and group management. At the crag you will learn how to set up a correct releasable abseil system, how the methodology works in sorting simple problems such as jammed devices, and practice in their use. You will also be taught on rope skills such as ascending ropes with prussics, and passing knots in the rope on abseil. In respect to rock climbing you will be taught problem solving and rescue in multi pitch trad and sport climbing environment. Lastly they are taught about all potential mountain hazards and how to handle a mountain emergency, the correct procedures, who to contact, and what not to do. The course also covers some of the mountain walking guide components which overlap, such as map work, compass usage, mountain hazards and dealing with them, high altitude etc. The course prepares one for an official NQF assessment after which a certificate is awarded to those who pass. This qualification, is needed together with a first aid qualification and the generic guiding qualification to apply to the local Dept. Tourism as an official Adventure Guide with Abseiling and rock climbing skills endorsement. Those taking part need to have at least 5 years multi pitch trad lead climbing (lead SA grade 17 trad) and abseiling experience and a fair degree of physical activity will be involved.

Name	
ID number	
Allergies or relevant medical info:	
Postal Address	
Email address	
Mobile number	

#### Personal Details

I agree to adhere with the terms and conditions stated here and confirm that the information on this form is correct.

Signed:

Date: