

# SOUTH AFRICAN CLIMBING ACADEMY



## Enrolment Form: Introduction to Outdoor Lead Climbing

This is a course that is aimed at a climber who has been top rope climbing only and wants to learn the art of lead climbing. The hands-on approach will keep learners constantly active, they will get a solid correct foundation from the start. If the principles taught this course are adhered to, and continued with diligence, it will serve as an excellent start to this adrenaline filled form of climbing.

### Course 2018 Schedule

One Day: 9am to 4pm

#### Note:

All activities are at outdoor venues within an easy day drive from Johannesburg, thus no overnights required.

#### Pricing Structure:

R 2500 for 1 Person  
R 1500 for 2 People Per Person  
R 1200 for 3 People or more Per Person  
Maximum of 6 people  
Banking Details: SA Climbing Academy  
FNB Cresta 254905  
A/C 62244046381  
Price includes use of climbing gear for course duration, a comprehensive manual and venue entrance fees at selected crags. Expenses such as transport costs and refreshments are not included.

#### Terms and Conditions of Enrolment:

- Learners must arrange own transportation to lessons.
- The organisers reserve the right to make changes to the course and dates if necessary.
- No credit or refunds are issued for missed lessons.
- Learners agree to abide by all the SACA rules.
- All learners must complete the indemnity in full.

**For more info contact Neil on 083 669 3028**

### Course Outline

The art of lead climbing is where the true fun of sport climbing lies. When one top ropes a climb, one always has the rope above you and there is very little potential of a big fall, if any. However when one lead climbs, one has to be above the anchors when you pass them and the potential fall is much bigger. This however is what makes it also much more exciting and fulfilling. In the one day course is set to very gently and well within one's comfort zone advance forward to be a lead climber. There one would learn how to belay a leader, and catch a lead fall. Then one would learn the correct way of clipping a rope into quickdraws, and position of body in relation to the rope to prevent any snagging. At the first near the ground, and then at the top of a sport climb, one would be taught how to clean a sport climb safely, with all the correct steps in place so it becomes fail proof. Following this training, one would feel happy to go on ones own and lead easy climbs at any sport climbing venue.

#### Personal Details

Name	
ID number	
Allergies or relevant medical info:	
Postal Address	
Email address	
Mobile number	

I agree to adhere with the terms and conditions stated here and confirm that the information on this form is correct.

Signed:

Date: