

SOUTH AFRICAN CLIMBING ACADEMY



TRAINING  GUIDING  JUNIORS

Enrolment Form: Adult Intro to Trad Climbing Course

This is a course that covers a wide range of the technical aspects of trad climbing. The hands-on approach will keep learners constantly active, and it is designed to enrich the climbing of reasonably experienced sport climbers into the world of trad climbing. If the principles taught on this course are adhered to, and continued with diligence, it will serve as an excellent start to an adrenaline-filled pure form of climbing.

Course 2018 Schedule

Note: all lecture venues are close to Johannesburg
These take place on Tuesday and Thursday evenings. All weekend activities are at outdoor venues within an easy day drive from Johannesburg, thus no overnights required.

Session 1

Tuesday: Lecture 6:30 pm
Thursday: Lecture 6:30pm
Saturday: 9am to 4pm

Session 2

Tuesday: Lecture 6:30 pm
Thursday: Lecture 6:30 pm
Saturday: 9am to 4pm

Pricing Structure:

R 4500 for 1 person
R 2500 for 2 people per person
R 1800 for 3 people or more per person

Banking Details: SA Climbing Academy
FNB Cresta 254905
A/C 62244046381

Price includes use of climbing gear for course duration, a comprehensive manual and venue entrance fees at selected crags. Expenses such as transport costs and refreshments are not included.

Terms and Conditions of Enrolment:

- Learners must arrange own transportation to lessons.
- The organisers reserve the right to make changes to the course and dates if necessary.
- No credit or refunds are issued for missed lessons.
- Learners agree to abide by all the SACA rules.
- All learners must complete the indemnity in full.

For more info contact Neil on 083 669 3028

Course Outline

Trad climbing is much more challenging than sport climbing. This is where it is at, and the sense of achievement is much higher. However with this comes a lot of responsibility, because trad climbing now has higher risk and more chance of an accident if things are done incorrectly. Thus it is advisable to get a good grounding right at the start.

This course comprises sessions over one week (4 classroom-based theory sessions in total) as well as 2 practical outdoor sessions over a weekend. Trad gear will be supplied, but if you have your own, it is better.

During classroom and practical sessions, learners will be taught the proper way to read rock, and lines, place gear, build anchors, organise twin ropes and a lot more technical skills. Learning aids include a prescribed manual and video footage of top climbers as part of understanding technique.

The course equips complete climbers with the skills to trad climb safely. Learners are also helped with lists of recommended trad climbs of their grade so that they can build their experience in a safe and progressive way.

Personal Details

Name	
ID number	
Allergies or relevant medical info:	
Postal Address	
Email address	
Mobile number	

I agree to adhere with the terms and conditions stated here and confirm that the information on this form is correct.

Signed:

Date: